

SHANTI
ANANDA
MAURICE

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PER NIGHT RATES
&
HEALTH & WELLNESS SPA PACKAGES
(Rates in Euros)

May 01' 2009 – October 15' 2009

SHANTI ANANDA - MAURICE

Rates & Packages in Euros

valid from May 01' 2009 – October 15' 2009

room type	single	double
Junior Ocean View Suite	525	575
Junior Suite Beach front	605	680
Luxury villa with pool	920	920
Luxury Suite Villa with pool	1205	1205
Luxury Two bedroom Suite Villa	1440	1440
Presidential Villa	1440	1440

TERMS AND CONDITIONS

- All prices are in Euros.
- The above prices are per room per night and are inclusive of breakfast and 15% Government VAT.
- Airport Transfers are included in the rates for Luxury Suite Villa with Pool and Luxury two bedroom Suite Villa and the Presidential Villa.

STANDARD INCLUSIONS FOR ALL PACKAGES

- All prices are in Euros and are per room.
- The package rates are inclusive of all currently applicable Government taxes.
- Airport Transfers are included in the rates for Luxury Suite Villa with Pool and Luxury two bedroom Suite Villa and the Presidential Villa.
- 3 Ananda Rejuvenating Spa Cuisine meals (breakfast, lunch and dinner) per person per night of stay, in the all day dining restaurant. There will be a supplementary charge for dining in the specialty restaurant.
- Introductory Spa and Fitness orientation sessions with an Initial Spa consultation
- Opportunity to participate in scheduled Spa Lifestyle and Wellness activities
 - Yoga, Pranayama, Meditation, Fitness, Cooking demonstrations
 - Lectures, Workshops and Excursions

SHANTI ANANDA STRESS MANAGEMENT

Package valid from May 01' 2009 – October 15' 2009

Room type	Occupancy	5 nights	7 nights	14 nights	21 nights
Junior Suite Ocean View	Single	3325	4245	8295	10760
Junior Suite Beach Front	Single	3615	4625	8440	11740
Luxury Villa with pool	Single	4860	6260	11495	16000
Luxury Suite Villa with pool	Single	6300	8245	15445	21600

Room type	Occupancy	5 nights	7 nights	14 nights	21 nights
Junior Suite Ocean View	Double	4215	5315	9705	13580
Junior Suite Beach Front	Double	4500	5695	10410	14560
Luxury Villa with pool	Double	5940	7585	13935	19480
Luxury Suite Villa with pool	Double	6995	9060	16940	23775

Room type	Minutes	5 nights	7 nights	14 nights	21 nights
Personalized Wellness Consultation	30	1 session	1 session	2 sessions	3 sessions
Choice of Jasmine, Wild Rose, Spice, Lemon Grass & Ginger, Grounding, invigorating or detoxifying salt scrub	45	1 session	1 session	2 sessions	3 sessions
Aromatherapy Massage	85	1 session	1 session	2 sessions	3 sessions
Ananda Touch	30	1 session	1 session	2 sessions	3 sessions
Reflexology	55	1 session	1 session	2 sessions	2 sessions
Indigenous Skin Car (Facial)	55	1 session	1 session	1 session	1 session
Swedish Massage	55	-	1 session	2 sessions	3 sessions
Watsu	50	1 session	1 Session	1 session	1 session
Thai Massage	85	-	1 Session	2 sessions	3 sessions

SHANTI ANANDA AYURVEDIC REJUVENATION

Package valid from May 01' 2009 – October 15' 2009

- 7 day - Ananda Ayurvedic Rejuvenation Santvanam Program for detoxifying, destressing and revitalizing
- 14 day - Ananda Ayurvedic Rejuvenation Sodhanam Program for deep therapeutic effect and relief from specific medical and health conditions
- 21 day - Ananda Ayurvedic Rejuvenation Rasayanam Program for all encompassing healing

Room type	Occupancy	7 nights	14 nights	21 nights
Junior Suite Ocean View	Single	4545	8410	11760
Junior Suite Beach Front	Single	4920	9120	12740
Luxury Villa with pool	Single	6560	12175	17000
Luxury Suite Villa with pool	Single	8540	16120	22605

Room type	Occupancy	7 nights	14 nights	21 nights
Junior Suite Ocean View	Double	5905	11055	15575
Junior Suite Beach Front	Double	6285	11760	16560
Luxury Villa with pool	Double	8175	15290	21470
Luxury Suite Villa with pool	Double	6950	18295	25775

Room type	Minutes	7 nights	14 nights	21 nights
Ayurvedic and Wellness Consultation	30	1 session	2 sessions	3 sessions
Pranayama and meditation session per room	30	1 session	2 sessions	3 sessions
Jalneti & Pranayama	45	1 session	2 session	3 session
Personalised Ayurvedic Therapies	30 – 60	8 sessions	16 sessions	24 sessions
Reflexology	55	1 session	2 sessions	3 sessions
Reiki	55	1 session	2 sessions	3 sessions
Personalised Yoga session per room	60	1 sessions	2 sessions	3 sessions
Ayurvedic Lifestyle Recommendation	30	1 session	1 Session	1 Session

SHANTI ANANDA STRESS MANAGEMENT

Package valid from May 01' 2009 – October 15' 2009

The Stress Management Programme focuses primarily on assisting you to experience and implement various mind and body techniques based on the concepts and philosophies of Yoga, Meditation, Pranayama and Ayurveda, for creating positive changes, reducing and managing stress and enhancing synergy in your life through a balanced approach.

Room type	Occupancy	7 nights	14 nights	21 nights
Junior Suite Ocean View	Single	4425	8320	11565
Junior Suite Beach Front	Single	4800	9025	12545
Luxury Villa with pool	Single	6440	12135	16810
Luxury Suite Villa with pool	Single	8420	16075	22410

Room type	Occupancy	7 nights	14 nights	21 nights
Junior Suite Ocean View	Double	5815	10740	14970
Junior Suite Beach Front	Double	6195	11445	15950
Luxury Villa with pool	Double	8085	15050	20870
Luxury Suite Villa with pool	Double	9560	18055	25165

Room type	Minutes	7 nights	14 nights	21 nights
Ayurvedic and Wellness Consultation	30	1 session	2 sessions	3 sessions
Personalised Fitness Consultation	30	1 session	1 session	1 session
Personalised Fitness Training Session per room	60	1 session	2 sessions	3 sessions
Grounding Salt Scrub	45	1 session	2 sessions	3 sessions
Grounding Aromatherapy Massage	85	1 session	2 sessions	3 sessions
Thai Massage	85	1 session	2 sessions	3 sessions
Reflexology	55	1 session	2 session	3 session
Indegenious Indian Skin Care (facial)	55	1 session	1 session	2 session
Stress Release Treatment – Hot and Cold Stone Therapy	75	1 session	2 session	3 session
Grounding Aroma Cocoon	85	1 session	1 session	1 session
Personalised Yoga Session per Room	60	1sessions	2 sessions	3 sessions
Personalised Pranayama and Meditation Session	30	1 sessions	2 sessions	3 sessions
Jalneti & Pranayama	45	1 session	1 session	1 session
Ananda Touch	30	1 session	2 sessions	3 sessions
Sirodhara	55	1 session	1 session	1 session
Grounding Hydrotherapy bath	15	1 session	2 sessions	3 sessions
Watsu	50	1 session	2 sessions	3 sessions
Lifestyle Recommendation	30	1 session	1 session	1 session

SHANTI ANANDA PURE ROMANCE

Package valid from May 01' 2009 – October 15' 2009

Room type	Occupancy	5 nights	7 nights	14 nights	21 nights
Junior Suite Ocean View	Single	-	-	-	-
Junior Suite Beach Front	Single	4580	6140	11090	15480
Luxury Villa with pool	Single	6020	8035	14615	20395
Luxury Suite Villa with pool	Single	7075	9505	17625	24695

Room type	Occupancy	5 nights	7 nights	14 nights	21 nights
Junior Suite Ocean View	Double	4295	5760	10385	14495
Junior Suite Beach Front	Double	4580	6140	11090	15480
Luxury Villa with pool	Double	6020	8035	14615	20395
Luxury Suite Villa with pool	Double	7075	9505	17625	24695

Room type	Minutes	5 nights	7 nights	14 nights	21 nights
Personalised Wellness Consultation	30	1 session	1 session	1 session	1 session
For Her Jasmine Sea Salt scrub	45	1 session	1 session	1 session	1 session
For Him: Lemon Grass and Ginger Sea Salt Scrub					
ESPA Chakra Balancing Massage	115	1 session	1 session	1 session	1 session
For Her: Himalayan Honey and Rose Facial	55	1 session	1 session	1 session	1 session
For Him: Himalayan Honey and Sandalwood Facial					
Aroma Cocoon using Aphrodisiac quality blended essential oils, which include lymphatic drainage massage, wrap, face and scalp massage	85	-	1 session	1 session	1 session
Romantic ritual concluding with a Romantic Wild Rose bath	115	1 session	1 session	2 sessions	3 sessions
Reflexology	55	1 session	1 session	2 sessions	3 sessions
Swedish Massage	55	-	1 session	2 sessions	3 sessions

SHANTI ANANDA DETOX

Package valid from May 01' 2009 – October 15' 2009

Room type	Occupancy	7 nights	14 nights	21 nights
Junior Suite Ocean View	Single	4655	8775	12310
Junior Suite Beach Front	Single	5035	9475	13295
Luxury Villa with pool	Single	6675	12535	17555
Luxury Suite Villa with pool	Single	8655	16480	23160

Room type	Occupancy	7 nights	14 nights	21 nights
Junior Suite Ocean View	Double	6120	11630	16460
Junior Suite Beach Front	Double	6500	12335	17445
Luxury Villa with pool	Double	8395	15860	22355
Luxury Suite Villa with pool	Double	9865	18865	26655

Room type	Minutes	7 nights	14 nights	21 nights
Personalised Consultation with the Doctor	30	1 session	2 sessions	3 sessions
Personal Fitness Consultation	30	1 session	1 session	1 session
Fitness Training per room	60	1 session	2 sessions	3 sessions
Personalised Yoga per room	60	1 session	2 sessions	3 sessions
Pranayama & Meditation session per room	30	1 session	2 sessions	3 sessions
Jalneti & Pranayama	45	1 session	2 sessions	3 sessions
Detox Sea Salt Scrub	45	1 session	2 sessions	3 sessions
ESPA Detoxifier	75	1 session	2 sessions	3 sessions
Detox Aroma Cocoon	85	1 session	2 sessions	3 sessions
For Her: Stimulating Hip and Thigh Treatment	75	1 session	2 sessions	4 sessions
For Him: Reflexology				
Watsu	50	1 session	2 sessions	3 sessions
Detox Hydrotherapy bath	20	1 session	2 sessions	3 sessions
Detox Aromatherapy Massage	85	1 session	2 sessions	3 sessions
Thai Massage	85	-	1 session	2 sessions
Indegenious Deep Cleansing Facial	55	1 session	2 sessions	3 sessions
Lifestyle Recommendation	30	1 session	1 session	1 session

SHANTI ANANDA PURE ROMANCE

Package valid from May 01' 2009 – October 15' 2009

Room type	Occupancy	14 nights	21 nights
Junior Suite Ocean View	Single	8225	11610
Junior Suite Beach Front	Single	8930	12590
Luxury Villa with pool	Single	11990	16850
Luxury Suite Villa with pool	Single	15935	22455

Room type	Occupancy	14 nights	21 nights
Junior Suite Ocean View	Double	10795	15385
Junior Suite Beach Front	Double	11495	16370
Luxury Villa with pool	Double	15025	21285
Luxury Suite Villa with pool	Double	18035	25580

Room type	Minutes	14 nights	21 nights
Ayurvedic & Wellness Consultation	30	2 sessions	3 sessions
Personalised Fitness Consultation	30	1 session	1 session
Personal training per room	60	6 sessions	8 sessions
For Her: Espa Stimulating Hip & Thigh Massage	55	3 sessions	4 sessions
For Him: Reflexology			
Personalised Ayurvedic Detoxification treatments	30	12 sessions	18 sessions
Dosha Specific Hydrotherapy Bath	20	3 sessions	5 sessions
ESPA Detoxifier	115	2 sessions	3 sessions
Personalised Yoga Per room	60	2 sessions	3 sessions
Pranayama and Meditation session per room	30	2 session	3 session
Jalneti & Pranayama	45	2 sessions	3 sessions
Lifestyle recommendation	30	1 session	1 session

SHANTI ANANDA YOGA

Package valid from May 01' 2009 – October 15' 2009

Room type	Occupancy	5 nights	7 nights	14 nights	21 nights
Junior Suite Ocean View	Single	3495	4455	8185	11330
Junior Suite Beach Front	Single	3780	4835	8895	12315
Luxury Villa with pool	Single	5030	6470	11950	16575
Luxury Suite Villa with pool	Single	6470	8450	15990	22185

Room type	Occupancy	5 nights	7 nights	14 nights	21 nights
Junior Suite Ocean View	Double	4460	5655	10455	14180
Junior Suite Beach Front	Double	4750	6025	11160	15160
Luxury Villa with pool	Double	6190	7915	14690	20075
Luxury Suite Villa with pool	Double	7245	9400	17700	24665

Room type	Minutes	5 nights	7 nights	14 nights	21 nights
Wellness Consultation With Doctor	30	1 session	2 session	2 session	3 session
Personalised Yoga consultation	30	1 session	1 session	1 session	1 session
Thai Massage	85	1 Session	1 Session	1 Session	1 Session
Watsu	50	1 Session	1 session	2 session	3 sessions
Reiki	55	1 session	1 session	2 session	3 sessions
Personalized Yoga Session Per Room	60	3 Sessions	5 Sessions	10 Sessions	15 Sessions
Pranayama & Meditation Session per room	30	3 Sessions	5 Sessions	10 Sessions	15 Sessions
Jalneti & Pranayama	45	1 session	1 session	2 sessions	3 sessions
Yoga Life Style recommendation	30	1 session	1 session	1 session	1 session

SHANTI ANANDA SPICE

Package valid from May 01' 2009 – October 15' 2009

Room type	Occupancy	5 nights	7 nights	14 nights	21 nights
Junior Suite Ocean View	Single	3350	4550	8235	11435
Junior Suite Beach Front	Single	3640	4920	8940	12415
Luxury Villa with pool	Single	4890	6565	11995	16675
Luxury Suite Villa with pool	Single	6330	8540	15945	22285

Room type	Occupancy	5 nights	7 nights	14 nights	21 nights
Junior Suite Ocean View	Double	4290	5900	10695	14930
Junior Suite Beach Front	Double	4580	6280	11400	15910
Luxury Villa with pool	Double	6015	8175	14930	20825
Luxury Suite Villa with pool	Double	7075	9645	17935	25125

Room type	Minutes	5 nights	7 nights	14 nights	21 nights
Personalised Wellness Consultation	30	1 session	1 session	1 session	1 session
Personal Fitness Training	60	-	-	1 session	1 session
Reiki	55	-	-	1 session	1 session
Abhyanga	55	1 session	1 session	1 session	1 session
Sirodhara	55	-	1 session	1 session	1 session
Aromatherapy Massage using a blend of Spiritually calming Indian Essential oils.	85	-	-	1 session	2sessions
Ananda Touch	30	-	-	1 session	2sessions
Ananda Spice Hydrotherapy	20	1 session	1 session	2 session	3 session
ESPA Facial	85	1 session	1 session	1 session	2 session
Swedish Massage	55	1 session	1 session	1 session	2 session
Watsu	50	1 session	1 session	2 session	3 session
Marine Mud Wrap	55	1 session	1 session	2 session	3 session
Thai Massage	85	-	-	1 session	2 session
Ananda Spice Salt Scrub	45	1 session	1 session	2 session	3 session
Ananda Spice Cocoon	85	-	1 session	1 session	1 session
Reflexology	55	-	1 session	1 session	1 session
Ananda Spice Hot oil Treatment	45	-	-	1 session	2 session

SHANTI ANANDA FITNESS

Package valid from May 01' 2009 – October 15' 2009

Room type	Occupancy	7 nights	14 nights	21 nights
Junior Suite Ocean View	Single	4390	7990	11205
Junior Suite Beach Front	Single	4770	8700	12190
Luxury Villa with pool	Single	6405	11750	16450
Luxury Suite Villa with pool	Single	8390	15700	22055

Room type	Occupancy	7 nights	14 nights	21 nights
Junior Suite Ocean View	Double	5555	10130	14300
Junior Suite Beach Front	Double	5930	10840	15280
Luxury Villa with pool	Double	7815	14365	20200
Luxury Suite Villa with pool	Double	9295	17375	24495

Room type	Minutes	7 nights	14 nights	21 nights
Personalised Wellness Consultation	30	1 session	2 session	3 sessions
Personal Fitness Consultation	30	1 session	1 session	1 sessions
Swedish Massage	55	1 session	2 session	2 sessions
Ananda Spice Salt Scrub	45	1 session	1 session	1 session
Thai Massage	85	1 session	1 session	1 session
Fitness Hydrotherapy Bath	50	1 session	2 session	3 sessions
Marine Mud Wrap	75	1 session	2 session	3 sessions
Fitness Facial –	55	1 session	1 session	2 sessions
Working on Essential Muscles				
Personalised Yoga per Room	60	2 session	4 sessions	6 sessions
Fitness Aromatherapy Massage	85	1 session	1 sessions	2 sessions
Personalised Training Session	60	5 sessions	12 sessions	19 sessions
Fitness Lifestyle Recommendation	30	1 session	1 session	1 sessions

SHANTI ANANDA ANTI-AGEING PROGRAMME

Package valid from May 01' 2009 – October 15' 2009

Room type	Occupancy	7 nights
Junior Suite Ocean View	Single	5000
Junior Suite Beach Front	Single	5375
Luxury Villa with pool	Single	7090
Luxury Suite Villa with pool	Single	9070

Room type	Occupancy	7 nights
Junior Suite Ocean View	Double	6840
Junior Suite Beach Front	Double	7215
Luxury Villa with pool	Double	9250
Luxury Suite Villa with pool	Double	10730

Room type	Minutes	7 nights
Consultation(Medical / Lifestyle)	30	1 session
Aroma Hot Oil Treatment	45	1 session
Jasmine Body Scrub	45	1 session
Grounding Aromatherapy Massage	85	1 session
Reflexology	45	1 session
Espa Body Toner Massage	115	1 session
Watsu	50	1 session
Espa Eye Lift	25	2 sessions
For Her: Espa Stimulating Hip & Thigh	75	1 session
For Him: Thai Massage	85	1 session
Espa Skin Rehydrator	120	1 session
Yoga Nidra	60	1 session
Diet & Lifestyle Advice	30	1 session

